

Safe to Worship

An opportunity to look at worship through the spectacles of survivors of domestic and sexual abuse

Tuesday 24 June 9.30 – 1.00

Toton Methodist Church, Nottingham

Run by Elizabeth Ingram, Liz Cowley and Elizabeth Nash

Given that every church will have survivors in it and that there are ways of worshipping which can make it more and less comfortable for them, we shall be reflecting and thinking about what we can do to make worship easier.

Book in at: trainingpa@urc5.org.uk or East Midlands Synod Office, 1, Edwards Lane, Nottingham NG5 3AA 0115 960 9241

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| 9.30 | Arrivals and coffee |
| 9.50 | Opening Prayer |
| 10.00 | Triggers
What are the kinds of things which can trigger different kinds of responses that we should consider and be sensitive to. How do some of the things we say, sing and look at, sound and feel to survivors. |
| 10.30 | Forgiveness
What is forgiveness? What if we cannot forgive? What is our theology of forgiveness. What do we mean by God's forgiveness? |
| 11.30 | Coffee |
| 12.00 | Putting on the spectacles of a survivor
Looking at images of God, Biblical material, prayers, including the Lord's Prayer, communion, sermons etc. from the viewpoint of survivors. |
| 12.55 | Closing Prayers |
| 1.00 | Departures |