# Supervision Preparation Sheet

Adapted from Lamdin and Tilley, *Supporting New Ministers in the Local Church* (SPCK, 2007)

### Before the discussion:

Date:

I need help or a decision from you about the following:

I’m having a problem with the following:

I’m planning to:

I’ve made progress in the following areas:

How happy am I feeling from 1 [suicidal] to 10 [the happiest I’ve ever been]:

Please pray for me about the following: