



## Technology Can Enable and Empower Domestic Abusers

- **Connected technology is changing the world.** Technology can help keep people safe. But abusers can also exploit technology to cause harm.
- **Abusers can use technology to maintain control.** They can bombard their victims with calls and messages while limiting their contact with friends and family. They can also share, or threaten to share, private, sensitive or intimate information online.
- **Tech abuse is hard to spot and hard to escape.** But if you know the risks you can take steps to keep yourself and others safe.

**#SafeguardingAdultsWeek**