

## St. Michael's Church, Breaston Daily Prayer at Home

Guide me in your truth and teach me, Lord, for you are the God who saves me.

Lord, be with us this day (*night*),  
Within us to purify us;  
Above us to draw us up;  
Beneath us to sustain us;  
Before us to lead us;  
Behind us to restrain us;  
Around us to protect us. **Amen**

**Canticle** (from Psalm 63.1–9)

O God, you are my God; eagerly I seek you;  
my soul thirsts for you, my flesh faints for you,  
as in a barren and dry land where there is no water.

Therefore I have gazed upon you in your holy place,  
that I might behold your power and your glory.

For your loving-kindness is better than life itself;  
my lips shall give you praise.

So will I bless you as long as I live  
and lift up my hands in your name.

My soul is content, as with marrow and fatness,  
and my mouth praises you with joyful lips,

When I remember you upon my bed,  
and meditate on you in the night watches.

For you have been my helper,  
and under the shadow of your wings will I rejoice.

My soul clings to you;  
your right hand holds me fast.

Glory to the Father and to the Son:  
And to the Holy Spirit;  
As it was in the beginning, is now:  
And shall be for ever.  
**Amen.**

## **Readings from Scripture**

**Psalm** (*starting with Psalm 1 read one psalm each day*)

### **Old Testament Reading \***

*Take some time for Reflection*

### **New Testament Reading\***

*Take some time for Reflection*

*\*(For the readings either follow the plan you use for personal Bible Study, or choose books from the Old and New Testaments, and starting at the beginning, read a passage each day)*

## **The Lord's Prayer**

### **Prayers of Intercession**

*Spend some time in personal prayer*

You might like to pray for:-

- *Specific situations in the world*
- *Christians throughout the world*
- *Your local community*
- *People who need healing and wholeness*
- *Those who have died and those who mourn*
- *Any place, person or concern that is on your heart.*

### **Collect for Lent**

Most merciful God,  
who by the death and resurrection of your Son Jesus Christ  
delivered and saved the world:  
grant that by faith in him who suffered on the cross  
we may triumph in the power of his victory;  
through Jesus Christ our Lord.  
**Amen.**

or

### **Collect for Easter**

God of life,  
who for our redemption gave your only-begotten Son  
to the death of the cross,  
and by his glorious resurrection  
have delivered us from the power of our enemy:  
grant us so to die daily to sin,  
that we may evermore live with him in the joy of his risen life;  
through Jesus Christ our Lord.  
**Amen.**

### **Conclusion**

May Almighty God bless us,  
deliver us from all evil,  
and bring us to everlasting life.  
May the souls of the faithful departed  
through the mercy of God, rest in peace.  
And rise in glory.  
May the divine assistance remain with us always.  
And with our absent brothers and sisters.

**Amen**

## **Worship Programmes on TV and Radio**

### **Television programmes**

**Songs of Praise:** Sundays at 1.15pm on BBC 1

### **Radio programmes**

**Prayer for the Day:** daily at 5.43am on Radio 4

**Sunday Worship:** Sundays at 8.10am on Radio 4

**Lent Talks:** Wednesdays at 8.45pm on Radio 4 during Lent

**Choral evensong:** Wednesdays at 3.30pm and the same service is repeated Sundays at 3pm on Radio 3

### **A Prayer for those affected by Coronavirus**

God of healing and hope, in Jesus you meet us in our places of pain and fear. Look with mercy on those who have contracted the new virus, on any who are vulnerable, and on all who feel in danger. Through this time of global concern, by your Holy Spirit bring out the best not the worst in us. Make us more aware of our interdependence on each other, and of the strength that comes from being one body in you. Through Christ our wounded healer. **Amen.**

*Revd Sam Wells; St Martins in the Field, London*