

## Maundy Thursday at Home

At 11.00 am A **Hymn Sing Along** will be live-streamed from the Director of Music's house. Join Alexander Binns live from home as he leads a Hymn Sing Along session with your favourite Passiontide hymns including 'When I survey the wondrous cross' and 'The servant King'. The words of the hymns are [here](#).

At 6.30 pm the Cathedral Eucharist for Maundy Thursday will be [livestreamed](#). The order of service and the links are on the [Cathedral website](#).

John Bell's talk for Maundy Thursday is [here to read](#). (To listen, go to the [podcast](#).)



On Maundy Thursday we remember how at their last supper, Jesus washes his disciples' feet. He breaks bread and shares the bread and the cup of wine with his disciples. 'I have washed your feet,' he says to them, 'and you also ought to wash one another's feet.' Sharing the bread and wine, he says to them, 'Do this to remember me.'

Here are some ways to mark Maundy Thursday at home. Choose something that works for you. There are more resources and ideas [here](#).

### **Breaking bread**

Make a plan for what you are going to eat in your house on Maundy Thursday. (You may need to co-operate with others!) Can you include something where everyone will share? That could be bread broken to share, or it could be a big pot of soup, and there are lots of other ways to do it. See how good you can all be at sharing together.

Make [flatbread](#). This is easy and quick, it works with almost any flour, and it needs no yeast.

Look at the stories of '[breaking](#)' in the Gospel according to Mark. Most of it is bread. One bit isn't. What does Jesus do when he breaks bread?

What about the story that isn't about bread? Does it belong here?

What else, or who else, is broken in the Gospel story? Think about this – there are lots of possible answers.



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### **Washing feet**

*In a culture that wears socks and shoes this is difficult to do for each other, literally, at the best of times. And at present you may well be at home on your own. But here are some ways to think about washing each other's feet:*

Think of an organisation that is helping to 'wash people's feet' at present. Can you make a donation to help their work?

You may already be doing something for your neighbours. Can you do something specially for Maundy Thursday? Ring someone up for a chat. Put some garden flowers or a drawing in with the shopping when you drop it off.

Think about water and washing in the Bible. You might want to look at [Thirsting for God](#), a mini-exhibition on [Psalms 42 and 43](#). While you're there, you can look at the [Maundy Thursday](#) page as well.

This is a painting by Evelyn Dunbar called [St Thomas' Hospital in Evacuation Quarters](#), from 1942. (You can read more about it [here](#).) It shows lots of different acts of care. Spend some time exploring the picture. As you explore each section, use it to help you pray for people who are working now to look after those who are sick or in need or distress.

Get some paper, pencils, pens, and a basin of water. Experiment with some small bits of paper: draw on them with the pens, dip them in the water, and see if the ink smudges or dissolves. You want to find the ink that dissolves best.

With a pencil, draw a foot shape on the paper. You can draw round your own foot to do this. Cut out the foot shape with scissors.

With the pen that has the best dissolving ink, write or draw on your foot shape all the things you would like Jesus to wash away.

Dip your paper foot in the water and let all the things on it dissolve.